



O'Sullivan Beach

Children's Centre



for Early Childhood
Development and Parenting

Term 1 2016 Children's Centre & Roopena Community Building

51a Galloway Road,
O'Sullivan Beach SA 5166
Ph: 83822850



Government
of South Australia

Monday	Tuesday	Wednesday	Thursday	Friday
SESSIONAL KINDY 8:45am - 11.30am 12.30 - 3.15pm CHILDCARE Enquiries on 83822850	SESSIONAL KINDY 8:45am - 11.30am 12.30 - 3.15pm CHILDCARE Enquiries on 83822850	SESSIONAL KINDY 8:45am - 11.30am 12.30 - 3.15pm CHILDCARE Enquiries on 83822850	SESSIONAL KINDY 8:45am - 11.30am 12.30 - 3.15pm CHILDCARE Enquiries on 83822850	CHILDCARE Enquiries on 83822850
MY TIME 9.30 – 11.30AM Community Room 8th Feb – 11th April	PLAYGROUP 9:30am to 11.00am Community Room 9th Feb-12th April	LEARNING TOGETHER PLAYGROUP 9.00 – 11.00am Community Room School Term Only	Sing N Grow 11th Feb – 31st Mar Community Room	Saturdays BLOKES N KIDS 9.30 – 11.00am Children's Centre 20th Feb – 19th March
Local support group for parents and carers of young children living with a disability or chronic medical condition. Activities include scrapbooking, massages, guest speakers and other activities while you enjoy a morning tea. Creche Provided please book on 83822850	A playgroup for parents/carers of children up to 4 years of age. Play activities, fruit/snack time, story and songs. Support by Speech Pathologist. Please bring a piece of fruit to share. Possible time change please check with Johanna or Stephanie	Playgroup offers children from birth to 4 years the opportunity to have fun develop new skills through play, play with other children and offers parents/carers the opportunity to play with their children, meet other parents/carers, make friends and share ideas. All Welcome	Sing N Grow provides music therapy services in the community for families with young children, Groups usually meet for about an hour once a week for 8 weeks. For information please speak to Johanna on 83822850.	If you're a Dad, Step Dad, Brother, Uncle, Grand Father, Opa, Poppy, family friend or any other important male in a child's life come along and enjoy an easy going play time with other blokes at the kindy. Cooked breakfast for children aged birth - 8 years and their bloke. For more information and booking details please contact Sue, Michelle or Leanne on 83822850.
BABY Play N Grow Birth to 18months 1.00 – 3.00pm Community Room School Term Only	CIRCLE OF SECURITY 1.00pm – 3.00pm Community Room 9th Feb – 5th April	CHILD AND FAMILY HEALTH SERVICES 9.30 – 2.00pm Consult Room Weekly	FREE BREAD Wednesday & Thursday Mornings Front Entrance All year	SATURDAY PLAY SPACE FOR FAMILIES 9.30 – 1.30pm Community Room 6th Feb – 16th April
Why not join other new Mums for a chat and play in our playgroup space. Supported by Learning Together. Enquiries on 83822850	A group for parents who would like to explore and develop their relationship with their child. The group invites parents to explore and develop a shared understanding of the Circle of Security, as a roadmap for understanding and responding to children's needs. Crèche Available Bookings Essential	Health checks are now available on Wednesday mornings. Help with : Fedding, sleep, behaviour, development, questions and growth/weight • Birth • 1 – 4 weeks(at home or in a clinic) • 6 weeks – at your family doctor • 6-9 months • 18-24 months • 3 years • 4 years (preschool) To make an appointment ring your C&FHS nurse on 1300733606	O'Sullivan Beach volunteers and staff collect bread from Bakers Delight for families and community to collect for free.	Community space is open on Saturdays for families and children to enjoy the space together. Staff will be here to support families with fun activities to do. Come for an hour or stay for the afternoon, parents must attend with their children.
MULTIPLE BIRTH SUPPORT GROUP 9.30 – 11.30 Monday Mornings 18th April, 11th July, 10th Oct, 19th Dec For parents/carers who have experienced the joys and challenges of a multiple birth to share stories and support each other, children can attend with their parents/carers.			Dr Michelle Emmerson GP Wednesdays From 2 – 5 pm Dr Emmerson will be consulting on Wednesdays at the centre and appointments can be made on Ph: 83822850	Discounted Massages on 27th Feb 2016 ring 83822850



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Friends of Sully's Community Group Mondays Monthly	FUN N FRIENDS 3.45 - 4.45pm Roopena Building 9 th Feb - 12 th April	Young Parents Play & Connect 10 - 12noon 3 RD Feb- 13 th April Roopena Community Building	STAFF LOCATED AT THE CENTRE Monday - Friday Mandy - Family Services Coordinator Monday, Wednesday, Thursday & Friday Sue - Community Development Coordinator Tuesdays Michelle - Community Development Coordinator Tuesday & Friday Stephanie - Speech Pathologist Tuesday & Thursday Johanna - Occupational Therapist	Children's Centre and Roopena Community Building for Hire
Meetings for 2016 will be held on Monday's in the Roopena Community Building. Come along and have your say about O'Sullivan Beach. Dates: 22/2, 28/3, 25/4, 23/5, 27/6, 5/7, 22/8, 26/9, 24/10, 28/11 at 7pm	A group for young children and their carer/parent to enjoy activities that support children's social skills and development. Supported by staff and volunteers from O'Sullivan Beach Children's Centre. Enquiries on 83822850	Are you a parent under 25 with children under the age of 5? Come along with your child and meet others in a supportive environment. Free light lunch provided. A partnership between Anglicare SA, Communities for Children, Centacare and the Children's Centre	FREE BREAD Wednesday & Thursday Mornings Front Entrance All year	We have space available for hire at community rates, including Saturdays by services supporting children and families. Organisations can work in partnership with the Children's Centre. Restrictions and conditions apply, for further information contact Leanne or Chris on 83822850
OZ HARVEST FREE GROCERIES WEEKLY	FREE BUS SERVICE	GETTING TO KNOW YOUR BABY 2.00 - 4.00pm Community Room	FREE BREAD Wednesday & Thursday Mornings Front Entrance All year	Roopena Community Gardening Group Fridays Weekly 5 th Feb - 15 th April 9.30 - 11.30am
Thanks to the generosity of Oz Harvest we have groceries available free to families on a Monday afternoon. They are located on a table in the reception area; please help yourself to what you need.	The Children's Centre has a free bus for children to access kindergarten when transport is a barrier for the family. For more information please contact Leanne on 83822850.	Child and Family Health Service provide a free parenting group where you can learn about different topics and get to know other parents. Topics: attachment, communication, touch and looking after yourself, settling, crying and sleeping, parenting, development and play, books and music, healthy meals and safe houses, let's celebrate and what's next? Call 1300 733 606	O'Sullivan Beach volunteers and staff collect free bread from Bakers Delight for families and community to collect for free.	The Roopena Community Garden is having a revamp! We have tomatoes, strawberries, zucchini and lots of other lovely fruit and vegetable to plant and care for. Everyone is welcome to come along, make friends, garden and take some produce for home. Join Sue & our wonderful volunteers for a morning in the garden. Ring Sue on 83822850
Contact Details Sue - suzanne.obrien@sa.gov.au Leanne - dl.3665.leaders@schools.sa.edu.au Michelle - michelle.pomeroy413@schools.sa.edu.au Ph: 83822850 MO:0428944985		Big Backyard Christies is coming soon!	LETS READ AND LETS COUNT ARE PROGRAMS ARE AVAILABLE AT THE CENTRE	